



COMPETITION RULES - 2026

INTRODUCTION

ARTICLE 1:

This contest, opened to dancers of all nationalities, will take place on October 23th, 24th and 25th 2026. The competitions, all public, will take place at the theater of Grasse (2 avenue Maximin Isnard 06130 Grasse) Stage 13x9 meters. Slope: 0%. Black background

ARTICLE 2: CATEGORIES:

DEBUTANT:

- Girls and Boys 7 full years, under 9 years old on the first day of the competition.

PREMIERS PAS:

-Girls and Boys who have not reached 11 years of age on the first day of the competition.

ESPOIR:

-Girls and Boys who have not reached 13 years of age on the first day of the competition.

ETUDE:

-Girls and Boys who have not reached 15 years of age on the first day of the competition.

SUPERIEUR:

-Girls and Boys who have not reached 17 years of age on the first day of the competition.

PRE PROFESSIONNEL:

-Girls from 15 years old and not having reached 21 years old on the first day of the contest.

-Boys from 15 years old and not yet 21 years old on the first day of the competition.

PROFESSIONNEL:

This category is for applicants who have already had a contract of 3 months or more.

-Girls from 19 years old and not yet 25 years old on the first day of the competition.

-Boys from 19 years old and not yet 25 years old on the first day of the competition.

This category is for candidates who have already had a contract of 3 months or more.

PAS DE DEUX:

-Girls from 15 years old who have not reached 21 years of age on the first day of the competition.

-Boys from 17 years old who have not reached 21 years of age on the first day of the competition.



CATEGORY: DEBUTANT, PREMIERS PAS AND ESPOIR

ARTICLE 3: RECEPTION

Reception of the candidates on Friday, October 23th, 2026 for the categories Debutant, Premiers pas and Espoir at 1.30 pm. Rehearsal on stage from 2:00 pm to 6:00 pm on 23th October 2026 (Only teachers are allowed to stay in the room).

ARTICLE 4: DRESS CODE

- Compulsory variation

Debutant, Premiers Pas and espoir :

Girls: Class dress required, plain pastel White or, sky blue, Ivory, pale pink, light salmon, verdigris, leotard without sleeves, light tights: skirt, clothing ornaments and accessories prohibited. Boys: White leotard, short sleeves and grey tights are required.

- Semi-Final Espoir:

Girls (on pointe) and Boys: Stage costume.

-Final

Debutant, Premiers Pas and Espoir:

Girls and Boys: Stage costumes.

ARTICLE 5: COMPETITIONS

Debutant and Premiers Pas:

Eliminator on 24/10/2026: Compulsory variation on half-points.

Final on 25/10/2026: Free variation (out of repertoire) on half-pointe (classical basis).

Espoir:

Eliminatory on 24/10/2026: Compulsory variation on half-point.

Semi-final on 24/10/2026: Free variation (out of repertoire) (classical basis) on pointe for the girls. Final

on 25/10/2026: Free variation on pointe for the girls (same as in the semi-final).

The free variations must not exceed a duration of:

1 minute 45 seconds for DEBUTANT AND PREMIERS PAS

2 minutes for ESPOIR on pointe

ARTICLE 6: AWARDS

- Gold Medal
- Silver Medal
- Bronze Medal
- Mentions
- Musicality Award 80 euros
- Scholarships, training courses, dance articles, various gifts



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- French Dance Federation (FFD) Prize

CATEGORIES : ETUDE, SUPERIEUR, PRE PROFESSIONNEL, PROFESSIONNEL AND PAS DE DEUX

ARTICLE 7: REGISTRATION CONDITIONS

Candidates must be presented by their school or conservatory. No unsolicited applications will be accepted.

ARTICLE 8: RECEPTION

Candidates will be welcomed on Friday 23th October 2026 for the Etude, Superieur, Pre Professionnel, Professionnel and Pas de Deux categories at 8.00 am.

Rehearsal on stage from 8.30 am to 12.30 pm. Details will be given after the registration deadline. (Only teachers will be allowed in the room)

ARTICLE 9: DRESS CODE

Class (at the Centre Choréa Danse 14 Bd Maréchal Leclerc 06130 Grasse)

Etude, Superieur, Pre Professionnel, Professionnel and Pas de Deux :

-Girls: Class dress required, WHITE leotard without sleeves, clear tights: skirt and clothing adornments forbidden.

-Boys: Course dress required, white leotard , short sleeves and grey tights.

-Variation required

Etude and Superieur

Girls: Course dress required, plain paste White or sky blue, Ivory, pale pink, light salmon, verdigris, leotard without sleeves, light tights, skirt and dress finery forbidden. Boys: White leotard, short sleeves and grey tights are required.

Pre-Professionnel and Professionnel:

Girls: **Stage costume**

Boys: **Stage costume**

Pas de deux:

Stage costume

Semi-final:

Etude(ADAGE)- Duration see Article 10

Pastel coloured dress required, plain pastel skirt allowed

Superieur, Pre-Professionnel, Professionnel and Pas de Deux - Duration see article 10 Stage costume

Final:



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Etude, Supérieur, Pre-Professionnel, Professionnel and Pas de Deux Stage costume.

ARTICLE 10: COMPETITIONS

Compulsory class for all these categories on 23th October 2026 afternoon at the Centre Choréa Danse (14 Bld Maréchal Leclerc 06130 Grasse) Etude :

Eliminatory on 23/10/2026: Variation imposed on pointe for the girls.

Semi-final on 24/10/2026: Adage on demi-pointes (skirt authorized) including the following steps: -Tour Promenade, Tour Arabesque, Tour Attitude, Développés, Fondus. No jumping steps will be allowed (under penalty of elimination).

Final on 25/10/2026: Free variation (out of repertoire) (classical basis) on pointe for the girls.

Supérieur:

Elimination on 23/10/2026: variation imposed on pointe for girls.

Semi-final on 24/10/2026: Variation of your choice.

Final on 25/10/2026: Free variation (classical basis) on pointe for girls.

Pre-Professionnel and Professionnel:

Eliminatory on 23/10/2026 : 1st variation of the repertoire (variation of choice).

Semi-final on 24/10/2026 : 2nd variation from the repertoire (variation of your choice) and different from the eliminatory.

Final on 25/10/2026

-REPERTOIRE variation - **(1st or 2nd variation of your choice)**

-And one free variation **contemporary** - out of repertoire.

Pas De Deux:

Elimination on 23/10/2026 : 1st Pas De Deux (without the Coda)

Semi-final on 24/10/2026 : 2nd Pas de Deux (Coda included) or resumption of the semi-final repertoire.

Final on 25/10/2026 : Free variation **contemporary** – out of repertoire

The free variations and the adage must not exceed a duration of:

1 minute 50 for the ADAGE (ETUDE category)

2 minutes for free variation (ETUDE and SUPERIEUR category)

2 minutes 45 for the free variation (PRE-PROFESSIONNEL and PROFESSIONNEL category) 5 minutes for PAS DE DEUX

The repertoire variations will have to be danced in a version adapted by a large company. It is strictly forbidden to mix different versions (Specify the chosen version on the registration form).

ARTICLE 11: INDIVIDUAL INTERVIEW

Eliminated candidates who so wish, from the ETUDE category, may request individual interview (without parents and teachers) with one of the members of the jury, on the morning of the final. A registration list



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will be available at the competition reception and must be completed beforehand on the evening of the semi-final.

ARTICLE 12:

To all candidates in the Etude, Superieur, Pre Professionnel, Professionnel and Pas de deux categories, in the running or eliminated, a class will be given free of charge on Saturday and Sunday morning at the Center Choréa Danse (14 Boulevard Maréchal Leclerc). Photos and videos are prohibited.

ARTICLE 13: REWARDS

Etude:

- Gold Medal: 150 euros
- Silver Medal: 120 euros
- Bronze Medal: 80 euros

Superieur, Pre-Professionnel, Professionnel and Pas de Deux:

- Gold Medal: 300 euros
- Silver Medal: 220 euros
- Bronze Medal: 120 euros

- Price from the city of Grasse: 400 euros
- Jury prize: 350 euros
- Scholarships, courses, dance items, gifts

Prices are subject to change.

Sunday 25/10/2026 award ceremony, for all categories (in stage costume), after jury deliberations.

COMMON POINTS TO ALL CATEGORIES

ARTICLE 14: JURY

The jury will be composed of authoritative personalities in the world of Classical Dance (Company Directors, Ballet Masters, Star Dancers, etc...). Its decisions will be without appeal.

The organizing committee reserves the right to include among the members of the jury, during the final, the teacher who gave the dance lessons on stage or at the CCD during the competition.

ARTICLE 15: SCORING

Notation of the eliminatory test (compulsory variation or variation of the repertoire): TECHNICAL /20
ARTISTIC /20



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Semi-final and final scoring:

TECHNICAL /20

ARTISTIC /20

The marks will be given at the microphone at the end of each category (for the semi-final and the final). The total scores obtained during the competition will determine the final ranking and will be available on our website <http://www.ballet-med.com>

The class will be given behind closed doors in the presence of the jury at the Choréa Danse Center, it is not graded but is compulsory under penalty of elimination. The members of the jury will nevertheless be able to take personal notes in order to estimate the overall level of the category.

At the end of the class, the candidates will present the variation imposed (in groups) to the jury to ensure its conformity.

ARTICLE 16: PASSAGE OF CANDIDATES

The order of passage of the candidates will be determined in alphabetical order, the first letter having been drawn by lot.

The call of the pupils will be done 15 minutes before the passage of the category. Anyone absent will be eliminated.

ARTICLE 17: MUSIC

Compulsory variations: (Debutant, Premiers Pas, Espoir, Etude and Superieur) will be sent **in LINK** form for the sum of **58 euros** for France and **65 euros** for international and outside metropolitan France. **Any modification or non-compliance with the imposed variation will be sanctioned.**

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Free variation, adage and repertoire:

-Candidates must send by email to musiqueconcoursgrasse@gmail.com the music in Mp3 format. -One track per music, specifying in the order NAME, FIRST NAME OF THE CANDIDATE, THE CATEGORY and NAME of the variations in order before October 10, 2025, the closing date for registrations.

Provide a duplicate in MP3 format on a USB key.

The music cannot in any case be modified after validation of the registration.

ARTICLE 18: CONDITIONS AND RIGHT OF REGISTRATION

To participate in the competition, candidates must be presented by a professor. No spontaneous applications will be accepted.

The registration fee is set at:

-70 euros for the Debutant categorie

-80 euros for the Premiers Pas categorie

-95 euros for the categories Espoir, Etude.



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-100 euros per dancer for the categories Supérieur, Pré professionnel, Professionnel and Pas de Deux.

The closing date for registrations is set for 10/10/2026, the date of the postmark being taken as proof. The registration fee will not be refunded under any circumstances.

Registrations should preferably be sent by the teachers.

The registration of candidates will be validated upon receipt of all of the following documents: -

Completed registration form

- ID
- Payment of registration fees (possible by bank check or bank transfer mentioning the candidate's name as a reference), **no payment by Paypal.**

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Any candidate who has not paid the full registration fee will not be able to take part in the competition.

The summons will be sent directly to the dance school or conservatory.

The progress of the competition will be put online 7 days before the event.

Informations about lodging

Competition partner

AEC Les Cèdres Grasse

34, Avenue Antoine de St Exupéry

06130 GRASSE



www.paysdegrassetourisme category « où dormir »



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SECTION 19: BADGES

A permanent entry badge for teachers is available at the entrance for a lump sum of 15 euros (with 1 to 5 students) and offered from 6 students. This badge is valid for three days. Only one badge per school will be given.

In order to be able to benefit from it, we ask you to send us a photo ID (by SCHOOL) the "teacher" registration form as well as the payment before October 10, 2026. The badge will only be given to teachers who have returned the complete file.

ARTICLE 20: RESPONSIBILITY

The organizers cannot be held liable for any bodily injury or material damage caused to any person or suffered by them (candidates or companions both during the events and during the travel occasioned by the competition).

The young Mediterranean Ballet declines all responsibility for the loss or theft of personal effects throughout the duration of the competition.

ARTICLE 21: PHOTOS AND SHOTS

Shooting (photos, video, etc.) in a professional or profit-making context can only be done with the exclusive authorization of the Organizing Committee.

Photos for private use are tolerated) on condition that no flash is used so as not to disturb the competitors.

Candidates have no rights to the shots (television, films or photos) taken during the competition. By registering for the competition, the candidate accepts that the Jeune Ballet Méditerranéen uses its image, if necessary, on different communication media.

SECTION 22:

The candidate who has obtained a gold medal in a category can no longer stand in this category. However, he/she can present himself in the category above regardless of his/her age. The candidate who has obtained the grand prize of the City of GRASSE cannot run again.

SECTION 23: SPECTATOR

Open to the public.

The ticket price is:

- Friday 23/10/2026 (evening) at 15 euros
- Saturday 24/10/2026 at 22 euros day pass
- Package (Friday + Saturday) at 30 euros



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Friday evening and Saturday :

- Children pass under 12 years old at 15 euros
- Numbered places for the Final and prize giving on Sunday 25/10/2026 at 23 euros

Payment for tickets is possible by bank check or cash. A receipt can be issued on request.
Any loss of ticket will not result in a replacement. Similarly, no ticket will be taken back or refunded.

MASTERCLASS

The "Master Class" of Saturday October 24 and Sunday October 24, 2026 are open to dancers not participating in the competition, and who wish to experience this event as closely as possible.

These "Master Classes" allow you to take dance lessons with the guest teacher and to have free access to the Theater during the 3 days.

Minimum age required: 13 years old

The registration fee is set at 115 euros. The registration form must arrive before 10/10/2026, the postmark being authentic.

Access to the Studio for rehearsals and Master Classes can only be granted upon presentation of the invitation or the Master Class registration form.

Articles 10 "Liability" and 11 "Photos and shots" of the rules also apply to "Master Classes"

STEERING COMMITTEE

Claudine ANDREO	Stéphanie BRUSTENGHI	Françoise FAUVEAU
Bérangère ANDREO	Josiane ARNAUDO	Camille FAUVEAU
Cédric CAMPAGNO	Christine CASSARINI	Christelle CONTI
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Camille GRUET	Marc DEBLIEUX	Nathalie ESCARRAT
		Carmeline ORSIDA

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La ville de Grasse (http://www.grasse.fr/) Stora Daldansen/Grasse (http://www.storadaldansen.se/) Centre Chorea Danse (http://choreadanse.com/) Fondation Estela Erman Efel Danse (Mexique)	Fédération Française de Danse (FFD) (http://www.ffdanse.fr) Dansea.fr (will be present in the theater lobby) (http://www.dansea.fr/) Gaynor Minden (http://www.dancer.com/) Vicard (http://www.vicard.com/) Office de Tourisme de Grasse (http://https/toursime.paysdegrasse.fr/)
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Shots taken by STUDIO CHRISTINE (Thierry MOUCHET)

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Le jeune Ballet Méditerranéen :

Ballet school based in Grasse, in the city of perfumes, in the south of France, since 1988.